

Maternity Mental Health Crisis Escalation

FLOWCHART TO ESCALATE MENTAL HEALTH CONCERNS IDENTIFIED DURING MATERNITY CARE
RATIFIED THROUGH ANTENATAL FORUM MARCH 2023

Maternity Mental health crisis

- New thoughts or acts of harm to self/suicide (particularly violent means)
 - New presentation / Sudden changes in mental state (inc markedly fluctuating mental state, agitated anxiety)
 - Presence of bizarre thoughts, unusual ideas or behaviour.
 - Persistent estrangement from baby and/or feelings of inadequacy/incompetence as a parent.
 - Acute relapse in existing Bi-polar affective or Psychotic illness – Particularly high risk of relapse in perinatal period.
- Consider EPDS if appropriate

Hospital In-patient

Seek support from Ward
Co coordinator

Community out patient

Mon – Fri 9 -5

Community Out patient

Out of Hours

Monday to Friday

8am – 4pm

Monday – Friday 4pm – 10pm

**Sat, Sunday & Bank Holidays
7am – 10pm**

STAY WITH FAMILY

Seek support from
team leads

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Telephone the Liaison
Psychiatry Department on
01792 703312

Inform Perinatal Mental
Health Specialist team

SBU.PramsWest@wales.nhs.uk

Telephone advice is available
through Psychiatric liaison Dept
via their internal Cisco numbers:

33312/23185/23186

Out of liaison hours please refer
to the On-call Psychiatrist
available through MGH
switchboard.

01792 702222

Inform Perinatal Mental Health
Specialist team

SBU.PramsWest@wales.nhs.uk

Contact Perinatal
Mental Health
Specialist team

Speak with Duty
Worker for advise and
consultation

01792 517 919

Call **111** and select
Option 2

Contact Single Point
of Access (SPOA) on

01639 862032

**For an urgent life
threatening situation in the
community**

Dial 999

Referral forms

ZDrive > Perinatal Mental
Health > Resources >
Psychiatric Liaison Team