Document Title: Procedure for the Provision of	1 of 6	Approval Date: 19 Jan 2024
Take Home Medication (TTH's) from Maternity		
Wards UHW by Midwives.		
Reference Number: UHBOBS175		Next Review Date: 19 Jan 2027
Version Number: 2		Date of Publication: Feb 2024
Approved By: MPF		

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# Procedure for the Provision of Take Home Medication (TTH's) from Maternity Wards UHW by Midwives.

#### **Policy Statement**

To ensure the Health Board delivers its aims, objectives, responsibilities and legalrequirements transparently and consistently.

#### **Policy Commitment**

Providing safe and effective take home medication to women

### Supporting Procedures and Written Control DocumentsOther

supporting documents are:

#### Scope

This policy applies to all of our staff in all locations including those with honorary contracts

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Equality Impact Assessment	An Equality Impact Assessment (EqIA) has not been completed
Health Impact Assessment	A Health Impact Assessment (HIA) has not been completed
Policy Approved by	Maternal Professional Forum
Group with authority to approve procedures written to explain how this policy will be implemented	Obstetric & Gynaecology Quality & Safety Group

Document Title: Procedure for the Provision of	2 of 6	Approval Date: 19 Jan 2024
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Accountable Executive	Jason Roberts, Executive Nurse Director
or Clinical Board	
Director	

#### **Disclaimer**

When using this document please ensure that the version you are using is the most up to date by checking on the UHB database for any new versions. If the review date has passed please contact the author.

#### **OUT OF DATE POLICY DOCUMENTS MUST NOT BE RELIED ON**

Version Number	Date of Review Approved	Date Published	Summary of Amendments
1			Over-labelled drug list amended
2			Updated by Sarah James and Cerys Bicknell removing POMs provision and updating over-labelled list

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<sup>&#</sup>x27;The words woman and women have been used throughout this document as this is the way that the majority of those who are pregnant and having a baby will identify. For the purpose of this document, this term includes girls. It also includes people whose gender identity does not correspond with their birth sex or who may have a non-binary identity'.

#### 2 Introduction

Maternity Wards UHW have a high turnover of patients, many of whom require simple analgesics, oral iron and thromboprophylaxis prior to discharge home. The average length of admission is often made longer by the wait for these medications from Pharmacy. Maternity wards currently have a limited TTH stock available for out of hours use. An extended service for the supply over a 24 hour period, 7 days a week, would reduce the length of many admissions, improving patient experience and increasing bed capacity and flow.

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#### 3 Storage of TTH medication packs.

The following medications packs will be stored in a locked drugs cabinet which is separate from all the other ward medications. The key will be kept on the shift leaders keys, with master copies available in pharmacy. Only these medications are available for this provision, any additional medications must be supplied through pharmacy.

Amoxicillin 500mg capsules
Canesten Pessary 500mg
Cefalexin 500mg capsules
Co-amoxiclav 625mg tablets
Diclofenac 50mg enteric coated tablets
Enoxaparin injection 20mg
Enoxaparin injection 40mg
Enoxaparin injection 60mg
Erythromycin 250mg
Ferrous Sulfate 200mg tablets
flucloxacillin 500mg capsules
Gavison Advance

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Lactulose Metronidazole 400mg tablets Paracetamol 500mg tablets

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#### 4 Prescribing and dispensing medicines

#### 4.1 Women on the Obstetric assessment Unit:

#### 4.1.1 Prescription

The prescription must be written and signed and dated by the prescriber.

The drug names should be clearly written with the dosage, frequency, drug form and duration of treatment.

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#### 4.2 Women on delivery suite/ first floor maternity:

#### 4.2.1 Prescription

As soon as possible after delivery, the inpatient chart and the TTH must be written, signed and dated by the prescriber.

#### 4.2.2 Dispensing of charted and TTH medication

**On discharge** Two midwives will check the medication against the TTH. (It will not be necessary to give any extra supply of analgesics, as the patient can obtain further supplies over the counter).

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#### 5 Checking Procedure:

Two registered midwives/nurses will both check the following:

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- Check prescription/chart is correctly written, signed and dated by prescriber.
- Check patients' weight.
- Check patients' allergies.
- When selecting drug from locked cupboard, check drug name, form, strength and expiry date.
- Ensure the packaging is intact and contains the correct contents.
- Write name of the patient and date on the over labelled drug pack.
- If the drug is Paracetamol apply name and address label.
- (If the medication has not got a patient specific label, it should not be used unless it is Paracetamol as above).
- On discharge both registered staff sign and date the TTH prescription form. (The top copy of completed TTH will be collected by pharmacy.)
- Check with the patient that they understand how to take, store safely and dispose of the medication.
- If prescribed antibiotics ensure the patient understands the importance of taking the whole course.

Professional discretion should remain the overriding factor in assessing suitability of medicines. You must contact the prescriber or another authorised prescriber without delay where contra-indications to the prescribed medicine are discovered, where the patient develops a reaction to the medicine, or where assessment of the patient indicates that the medicine is no longer suitable.

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