Appendix 5.

GIG CYMRU NHS WALES | Bwrdd Iechyd Prifysgol Hywel Dda University Health Board

For women who have Indwelling Catheter / Flip flow valve or undertaking Clean Intermittent Self Catheterisation

Maternity Discharge Flow Chart

Requires indwelling catheter and Trial without Catheter (TWOC) within 24/ 48 hours

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Advice to give woman if going home to return for TWOC 1
- Give Catheter Passport
- Arrange and give date and time of first TWOC.
- Give contact numbers for Triage/ ward
- Provide **and discuss** the "Managing Your Catheter and planning for a trial without catheter (TWOC) patient information leaflet
- Ensure physio referral sent.

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First TWOC

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Successful TWOK
- Discharge home
- Give safe netting advice of when to seek medical input etc.

Failed first TWOC
- Ensure reviewed by obstetric Cons or Reg
- Arrange and give date and time of second TWOK
- Ensure has been given the catheter care PIL
- 2 x 7 day Ugo Home Catheter Discharge Packs a
- 2 addition Flip-flow valves.
- Give CISC patient information leaflet to read and understand before next appointment

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Second TWOC

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Successful TWOK
Discharge home
Give safe netting advice of when to see medical input etc.

Failed Second TWOC
- Ensure reviewed by obstetric Cons or Reg and woman understands plan made for ongoing follow-up with urology/urology.
- Ensure woman has sufficient equipment for CISC (if used) and feels able to undertake.

Ensure referred to COBWEB (see appendix) for additional supplies
- Advise to contact Triage for advice and support, until Urogynae or Urology Team have taken/ accepted referral and contacted the woman.