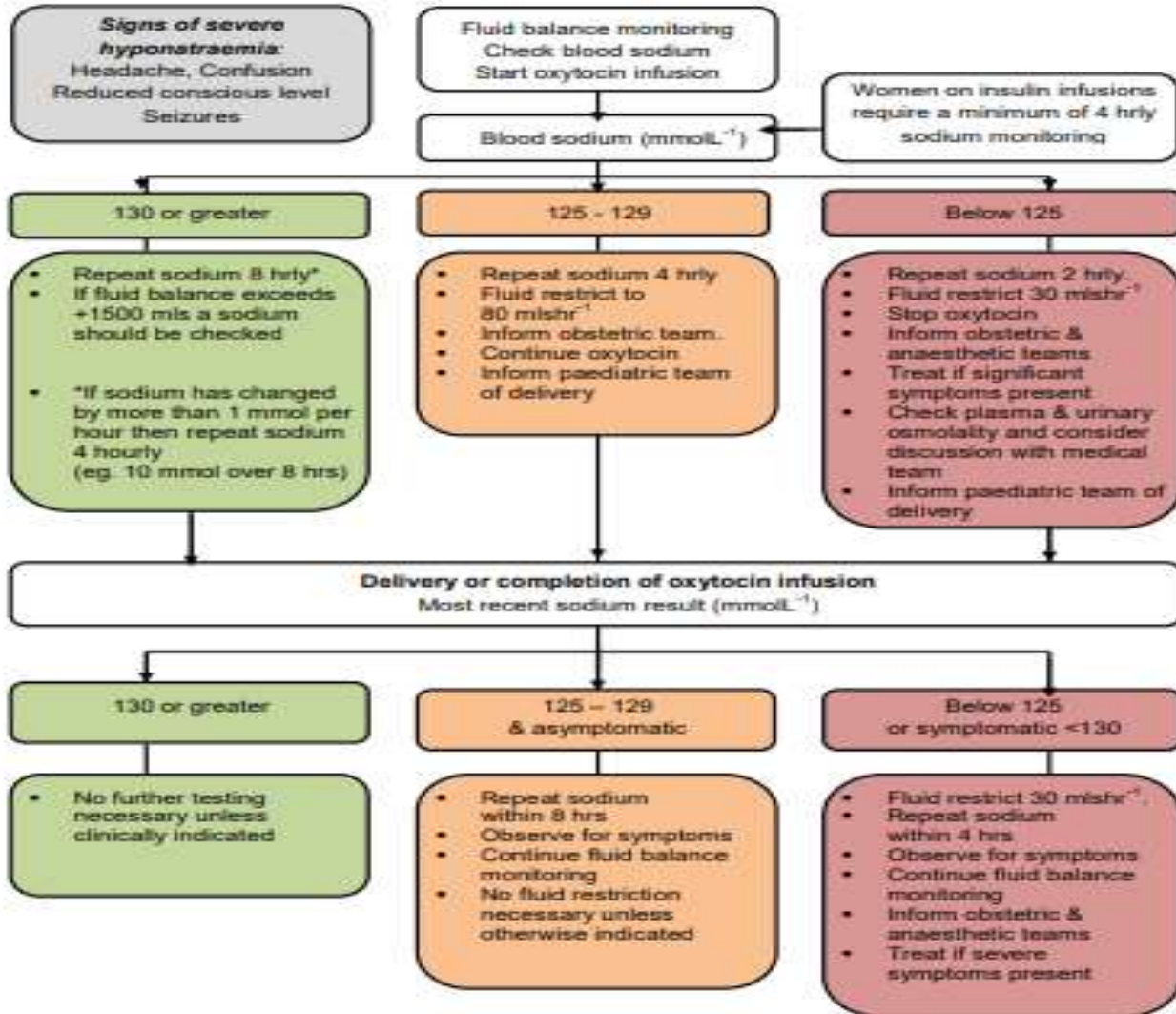


Appendix 1 – Peripartum Sodium Monitoring Pathway

Women require sodium monitoring if they are:

- On an oxytocin infusion (includes induction and augmentation of labour, treatment of postpartum haemorrhage)
- In labour and require IV insulin and dextrose.
- Noted to have a blood sodium below 130 mmolL^{-1} for any reason.
- Greater than 1500 ml positive on their fluid balance.



In a woman/birthing person with significant clinical symptoms believed to be due to hyponatraemia (for instance, seizures or loss of consciousness), 200 ml of 2.7% sodium chloride should be given immediately as an IV bolus over 30 minutes.

For routine bloods (e.g., commencing Oxytocin infusion) please send Urea and Electrolytes – Serum laboratory test

For urgent bloods (e.g., signs of severe hyponatraemia) please take a Point of Care Testing (POCT) sample