

Antenatal discussion for Planned Caesarean Birth

To be completed by booking Obstetrician at antenatal appointment.

CHECKLIST	TICK
Method of Caesarean birth discussed	
Patient information leaflet given	
Own music playlist discussed	
Discussed importance of a sterile field in theatre	
Possible maneuvers explained: To those at breech position Possible use of forceps	
Drapes lowered at point of birth	
Delayed cord clamping	
Partner to cut/trim the cord if desired	
Immediate skin to skin (woman aware this may not be possible if baby needs immediate attention)	
Possible need for resuscitation explained and discussed	

Further discussions/wishes from the woman/birthing person regarding their birth:

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Signed by doctor:

Name:

Grade:

Date:



Caesarean Birth checklist

Please use this checklist with every woman/birthing person having a caesarean birth and discuss this with the MDT in the team briefing prior to the surgery.

I would like	Yes / No
Quiet atmosphere	
Music in the theatre room	
Cannula in non-dominant hand	
ECG tabs away from my chest	
Arm out of theatre gown for skin to skin	
Photographs / Video of the birth	
Drapes to be lowered at point of birth to see my baby being born	
Talk / explain about every step of the procedure	
Woman / birth partner to discover the sex of the baby	
Delayed cord clamping	
Woman / birthing partner to cut / trim the cord	
Placenta to be taken home	
Immediate skin to skin (woman aware this may not be possible if baby needs immediate attention)	
Baby to be passed to myself after birth	
Baby to be passed to my birthing partner after birth	
Students welcome	

Midwife Name:

Signed:

Date:

(Please file in Maternity notes)