

Appendix 4 – Dichorionic Diamniotic (DCDA) Pregnancy Care Pathway Proforma

EDD
Gravida Parity

Initial Antenatal Clinic consultation

Undertaken by
.....date.....

Medical / Obstetric risk factors /significant history

Completed VTE assessment Yes / No

Discuss and Prescribe iron supplements / Folic acid.

Completed Pre-eclampsia Risk assessment Yes No

Asprin prescribed 150mg daily Yes/No

Patient given RCOG Patient information Leaflet “Multiple pregnancy: having more than one baby

Signpost to Twins Trust website

Discuss:

- Plan of care for pregnancy

Discuss the increased risks associated with multiple pregnancies.

- Pre-eclampsia
- Anaemia

Fetal risks for multiple pregnancy

- Increased risk of miscarriage/ preterm birth
- Intrauterine demise
- Discordance growth
- Recommendation of delivery at 37-38 weeks in uncomplicated DCDA pregnancies
- Possible referral to Fetal medicine team / level 3 tertiary unit or transfer of care /birth if complications arise (e.g. preterm delivery <32 weeks)

24 weeks

At 24 weeks discuss:

Patient Name

DOB

Address

- Timing of birth
- Plan for labour
- Modes of birth.
- Information leaflet Antenatal Corticosteroids
- Discuss benefits and risks of epidural in twin labour
- Fetal monitoring in labour
- Possibility of need for Emergency LSCS with second twin.
- Risk of Locking twins if first twin not cephalic at time of delivery (hence advise for LSCS in these instances)
- Advise managed third stage.

Signature Date

28 weeks

Revisit discussion undertaken at 24 weeks at then again at all following appointments and as required or as patient wishes.

Discussion and Final Plan for Timing and Mode of Birth if labour NOT spontaneous onset:

Uncomplicated DCDA.

Birth by 37-38 weeks and to be born at GGH

Induction of Labour	Yes /N	Date of IOL
Planned caesarean Birth	Date	Date of Pre-op assessment
Mode of birth if admitted in spontaneous labour prior to planned date above (and twin 1 is cephalic presentation)	Vaginal Birth Yes/No	
	Planned Caesarean Yes /No	
If planned birth /Induction by 38 weeks is declined: Offer Weekly scans and ANC review.	Accepted: Yes / No	
Doctor Signature:	Date:	
PRINT NAME / Name stamp		
File in hand held notes		

Print and Place in Maternal Hand Held Notes