

12. Appendix 2.

**Post-Partum Bladder Care
Retention and Voiding Dysfunction**

Measure and record first void post birth or catheter removal
Midwives to question the woman directly about voiding pattern

Suspect urinary retention or voiding dysfunction if:
1. Not voided within 6 hours of birth or removal of indwelling catheter
2. Passing small amounts of urine with sensation of incomplete emptying

Spontaneous voiding with normal volume
No further action required

Inform Obstetrician
Intermittent catheter OR bladder scan to record post void residual volume (PVRV)
NB: Bladder scan may not be accurate in postnatal women or those with high BMI

PVRV <500ml

PVRV >500ml
Refer to Physiotherapy

Measure next voided volume and PVRV

1. Insert indwelling catheter
2. Trial without catheter (TWOC) after 24 hours

PVRV <150ml
No further action needed unless symptomatic

PVRV >150ml

If unable to void within 6 hours or PVRV >150ml after 2nd void
Inform Obstetric Team
1. Re-catheterise for one week on free drainage
2. Arrange TWOC

If unable to void within 6 hours or PVRV >150ml after 2nd void
1. Re-catheterise
2. Refer to Urology