

APPENDIX 4: INSULIN SLIDING SCALES WHERE NO INDIVIDUALISED PLAN AVAILABLE

Attempt to contact Diabetes team for review of any long-acting insulin usage

If pre-existing Diabetes and no specialist review available switch to sliding scale insulin as Labour diagnosed or prior to Caesarean section delivery. Stop subcutaneous insulins as sliding scales initiated. DO NOT stop sliding scale without specialist review

If Gestational Diabetes and no specialist review stop Diabetes specific treatments including subcutaneous insulins as Labour diagnosed or night before elective caesarean section delivery.

Hourly BM testing during labour

The aim is normoglycaemia in labour to prevent neonatal hypoglycaemia

Any BM > 7.0 mmol/L to prompt initiation sliding scale insulin

5% Dextrose with 20mmol KCL IVI to be commenced whilst on sliding scale (run at 1 litre per 8 hours)

SEE APPENDIX 5 – SLIDING SCALES FOR DEFAULT CHOICES