

APPENDIX 5: STANDARD IV INSULIN SLIDING SCALES

(1) Where GDM or type 2 diabetic previously diet controlled AND total daily insulin < 20 units. NOT established Type 1 Diabetes or other Type 2

BM reading (mmol/L)	Initial Insulin infusion rates (units/hr)	Insulin infusion rates post delivery placenta (units/hr)
0 – 4.0	0	0
4.1 – 7.0	0.5	0
7.1 – 11.0	1	0
11.1 – 14.0	2	0 (call Diabetes team)
14.1 – 17.0	4 Move to scale (2)	0 (call Diabetes team)
>17.0	6 Move to scale (2)	0 (call Diabetes team)

(2) Where GDM and total daily insulin dose > 20 units OR established Type 1 or 2 Diabetes with total daily insulin dose < 60 units OR where not controlled with (1) above (Default minimum for any established diabetic where not pre-specified)

BM reading (mmol/L)	Initial Insulin infusion rates (units/hr)	Insulin infusion rates post delivery placenta (units/hr) NB stop where GDM only
0 – 4.0	0 (call Diabetes team)	0 (call Diabetes team)
4.1 – 7.0	1	0.5
7.1 – 11.0	2	1
11.1 – 14.0	3	2
14.1 – 17.0	4 * (call Diabetes team)	4 (call Diabetes team)
>17.0	6 * (call Diabetes team)	6 (call Diabetes team)

if persists for >1 hour move to (3)
 (3) Where established Type 1 or 2 Diabetes AND total daily insulin dose > 60 units OR where not controlled with (2) above

BM reading (mmol/L)	Initial Insulin infusion rates (units/hr)	Insulin infusion rates post delivery placenta (units/hr)
0 – 4.0	0 (call Diabetes team)	0 (call Diabetes team)
4.1 – 7.0	2	1
7.1 – 11.0	4	2
11.1 – 14.0	6	3
14.1 – 17.0	8 (call Diabetes team)	4 (call Diabetes team)
>17.0	12 (call Diabetes team)	6 (call Diabetes team)