

HYWEL DDA UNIVERSITY HEALTH BOARD

13. Appendices

Links to patient information and toolkits

1. Pregnant WWE **Maternity epilepsy shared-care maternity toolkit proforma**
<https://www.rcog.org.uk/globalassets/documents/get-involved-in-our-work/pregnant-women-with-epilepsy-a-maternity-toolkit-2016.pdf>
2. **RCOG patient information on epilepsy in pregnancy**
<https://www.rcog.org.uk/en/patients/patient-leaflets/epilepsy-in-pregnancy/>
3. **Epilepsy Action: During pregnancy** <https://www.epilepsy.org.uk/info/daily-life/having-baby/pregnancy>
4. **Women with Epilepsy.** <https://www.womenwithepilepsy.co.uk/>
5. EpSMon: **epilepsy self-monitoring app** <https://sudep.org/epilepsy-self-monitor>
6. **UK Epilepsy and Pregnancy Register** (www.epilepsyandpregnancy.co.uk).
7. Safety in pregnancy templates:

Safety at home template: https://epilepsysociety.org.uk/sites/default/files/2020-07/Safetyandrisktemplate-safetyathomeAug2019_4.pdf

Safety outside template: https://epilepsysociety.org.uk/sites/default/files/2020-07/Safety%20and%20risk%20template-safetyoutsideyourhomeAug2019_2.pdf

8. First Aid and Epilepsy <https://www.epilepsy.org.uk/info/firstaid/what-to-do>
9. Epilepsy action: **Caring for a baby & young children**
https://www.epilepsy.org.uk/sites/epilepsy/files/Looking_after_baby_or_small_child_when_you_have_epilepsy.pdf