

# Pre-Elective LSCS Assessment Guideline

Guideline Number:	638	Supersedes:		Classification	Clinical
Version No:	Date of EqIA:	Approved by:	Date Approved:	Date made active:	Review Date:
1		Obstetric Written Documentation Review Group	14/09/2017	20/09/2017	14/09/2018
		Obstetric Written Documentation Review Group Extension whilst review finalised	26.5.2020		30.11.2020
		Obstetric Group - Extended whilst review is finalised	08/02/2022	09/02/2022	08/08/2022

Brief Summary of Document:	This document sets out the guidelines for pre-operative assessment in the Day assessment Unit
Scope	This guideline is for women attending day assessment Unit or ward prior to elective surgery.

To be read in conjunction with:	
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Owning group	Obstetric Written Documentation Review Group
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Reviews and updates		
Version no:	Summary of Amendments:	Date Approved:
1	New Guideline	14.9.2017

## Glossary of terms

Term	Definition

Keywords	Pre-operative Assessment
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## 1. INTRODUCTION

This guideline is for women attending day assessment Unit or ward prior to elective surgery. To have an appointment to attend for pre-op assessment the day before elective LSCS

## 2. PRE-OP ASSESSEMENT APPOINTMENT

At this appointment

- Check gestation, aim for 39 weeks by EDD if < 37/40 inform Consultant
- If prior to 39 weeks gestation for elective steroids
- Record pulse, blood pressure and temperature
- Record fetal movements
- Abdominal palpation, listen to FH with pinnard or sonicaid
- Pre medication as per anaesthetic local guidance
- To be nil by mouth after 6 a.m. breakfast day of LSCS, water only up until 12 mid-day of LSCS
- Consent Form signed
- Bloods taken for FBC, Group and Save. Additional blood test may be required e.g. clotting if hypertensive
- Identification bands x 2
- Give c/s choice of anaesthesia leaflet. Anaesthetist will see morning of LSCS
- Admission to unit 10.30 a.m. day of LSCS (varies in each unit)
- Hospital notes available
- Check USS report and blood results recorded in pregnancy book
- Confirm address, date of birth on records

**If reason for elective LSCS is breech presentation confirm presentation by portable USS on day of pre-op clerking in Day Assessment Unit and on day of LSCS**

## 3. INFORM WOMEN

- **To remove jewellery except wedding ring may be covered**
- Not to wear make-up/nail varnish

## 4. DISCUSS

- IV infusion
- Anti embolic stockings/clexane injection
- Catheterisation
- Shave in theatre
- Shower only whilst in hospital – no bath
- Recover in LDU on Ward from theatre
- Visiting hours/two to bed