

1. Appendix 1 - ANTENATAL THROMBOPROPHYLAXIS ASSESSMENT PERFORMA

ANTENATAL THROMBOPROPHYLAXIS ASSESSMENT PERFORMA



Patient ID

Date Completion

Gestation

To be used with reference to HDUHB Thromboprophylaxis Guideline

Pre-existing Risk at Booking Visit	Tick	Score
High Risk Thrombophilia - Refer to haematology		Referral
Previous VTE (except a single event related to major surgery)		4
Previous VTE provoked by major Surgery		3
Known High Risk Thrombophilia (Asymptomatic)		3
Medical Co Morbidities e.g. cancer; heart failure; active SLE, inflammatory bowel disease; nephrotic syndrome; type 1 diabetes mellitus with nephropathy; sickle cell disease ; current intravenous drug user.		3
Family History of Unprovoked or Oestrogen related VTE in first degree relative		1
Known low risk Thrombophilia (no VTE)		1
Age (>35 yrs)		1
Obesity (Score BMI ≥ 30 kg/m ² = 1 BMI ≥ 40 kg/m ² =2)		1 / 2
Parity 3 or more		1
Smoker		1
Gross Varicose Veins		1
Antenatal Risk Factors		
OHSS (Score 4) IVF ART (Score 1 -antenatal only)		4 / 1
Multiple Pregnancy		1
Covid-19 at any gestation refer to the Covid-19 in pregnancy flowchart		
Total Score		
Maternal weight –(Booking in Kg)		Dose enoxaparin

Management

- If total score ≥ 4 antenatally, consider thromboprophylaxis from the first trimester. And continue for 6 weeks postnatally
- If total score 3 antenatally, consider thromboprophylaxis from 28 weeks.
 - and continue for 6 weeks postnatally
- If total score ≥ 2 postnatally, consider thromboprophylaxis for at least 10 days.
- If admitted to hospital antenatally consider thromboprophylaxis.
- If prolonged admission (≥ 3 days) or readmission to hospital within the puerperium consider thromboprophylaxis.
- NB if hyperemesis treat for duration of event, if OHSS treat for 1st Trimester
- For patients with an identified bleeding risk, the balance of risks of bleeding and thrombosis should be discussed in consultation with a haematologist with experience in Obstetrics

Transient risk factors

	Tick	Score
Any surgical procedure in pregnancy or puerperium except immediate repair of the perineum, e.g. appendicectomy, postpartum sterilisation		3
Hyperemesis		3
OHSS (first trimester only)		4
Current systemic infection		1
Immobility / dehydration		1
Covid-19 at any gestation refer to the Covid-19 in pregnancy flowchart		