

## Nurse-Led Integrated Care Pathway for Home Medical Management of Silent/Missed Miscarriage

This Integrated Care Pathway (ICP) is a multi-professional document and replaces all other documentation relating to this episode of care; it forms the patient's **sole record of care**.

- It is intended as a guide to good practice and is evidence based.
- The ICP is not a rigid document and clinicians are free to use their own professional judgement as appropriate, recording any alteration/deviation as appropriate.

Addressograph

**Gravida:**.....  
**Parity:**.....  
**Gestation:**.....

### Management options discussed:

Occupation		Age	
Preferred language Language line Ref. number		Communication needs	

- Conservative
- Medical
- Surgical

**Has the patient chosen home medical management?  
Yes/No**

**Does she have any of the following?**

Known bleeding/other haematological disorder	Yes/No
Cardiovascular disease	Yes/No
Known allergies to the drugs used	Yes/No
Previous PPH	Yes/No/N/A
Hb <100	Yes/No
Liver/adrenal disorder	Yes/No
Severe asthma	Yes/No
Regular medications	Yes/No
Specify:	

**NB. Home management contraindicated if taking corticosteroids, ketoconazole, uraconazole, erythromycin, rifampicin, phenytoin, phenobarbital, carbamazepine, St John's Wort, turmeric supplements.**

Commented [AG1]: where did that come from?

**If yes to any of the above will need inpatient management/  
senior review**

**Does she have:**

A responsible adult at home in case of emergency	Yes/No
Transport to return if necessary	Yes/No
Access to telephone in case of emergency	Yes/No
FBC/G&S	Yes/No

**Discuss**

Simple analgesia	<input type="checkbox"/>
Hot water bottle	<input type="checkbox"/>
To use pads not tampons	<input type="checkbox"/>
Bleeding post procedure	<input type="checkbox"/>

When to contact – nothing passed/heavy bleeding/ongoing bleeding/infection

Need for urine pregnancy test in 3 weeks and to contact department if remains positive

Miscarriage association contact details/Patient information leaflet provided

Contact numbers for EPU and Ward 4 given

Referral to GOPD after:

3 consecutive miscarriages and patient is < 35 years old

2 consecutive miscarriages and patient is  $\geq$  35 years old

After discussion, does the patient still wish to proceed with home management? Yes/No

Complications and sequelae verbally explained	Risk	Yes	No
Haemorrhage / need for blood transfusion	2:1000		
Medical – uterine rupture	1:1000		
Medical / surgical abortion failure	1:10		
Incomplete evacuation / Retained products	2:100		
Infection of varying degrees usually existing infection	1:100		
No proven association with subsequent ectopic pregnancy, placenta praevia or infertility	No evidence		

Mifepristone 200mg, Misoprostol 800mcg & Co-codamol 30/500mg prescribed by doctor

**Written consent form (Yellow consent form 1) completed?  
YES/NO**

**Nurse completing ICP:**

Name (print):..... Signature.....

