

Urodynamics Investigation

What is Urodynamics?

Urodynamics is a test that looks at how well your bladder is working.

Do I need to do anything before the test?

No you can eat and drink normally before the test. You should also take your normal medication. **Please see attached list of medicines to stop at least 3 days prior to the test.**

You may wish to bring a dressing gown and a pair of slippers for your comfort and privacy.

Try and remember to bring the completed voiding chart and the questionnaires with you to clinic, as these are a very helpful part of your assessment.

What will happen before the test?

You will be shown where to get changed into your dressing gown with a hospital gown underneath.

Your bladder needs to be comfortably full so you may be given water to drink but try and arrive at the Department with a comfortably full bladder

What does the test involve?

At the beginning you will have a flow test. This involves you passing urine into a special toilet. This measures the speed at which you pass urine and empty your bladder, as well as how much urine you can hold.

The next part of the test involves a small tube (catheter) being passed into your bladder through your urethra (this connects the bladder and the hole where the urine comes out) another small tube is passed into your rectum (back passage).

Pressure readings are taken using these tubes as your bladder is filled with sterile fluid and then emptied. All the tubes will be removed after the test.

How long will it take?

The test will take about 30- 40 minutes. You can expect to be told the result of the test straight away. You will be able to go home straight after the test.

Are there any instructions to remember for when I get home?

Most patients have no trouble after the test. A mild burning on passing urine may occur but usually gets better after a day or so. Drinking extra water for 24-48 hours after the test can also help. However, if you have a temperature, pain or persistent burning please contact your own doctor.



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**Singleton Hospital
Suite 17**

If you are taking any of the following medications please could you kindly stop taking these at least 3 days before this urodynamic test as they may interfere with the result:

Oxybutynin (Ditropan)
Kentera patches
Darifenacin
Fesoterodine (Toviaz)
Solifenacin (Vesicare)
Tolterodine (Detrusitol)
Trospium (Regurin)
Flavoxate (urispas)
Mirabegron (Betmiga)

If you are taking Duloxetine please could you kindly contact me on the telephone number below.

Many thanks,

Yours sincerely

Lynne

Lynne Owen
CNS- Urogynaecology/Continence Advisor

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Please complete the charts and questionnaire attached as they are essential for the test to go ahead.