

ROBuST

Course: RCOG Operative Birth Simulation Training (ROBuST)

Aim: 'This course provides instruction and hands-on practice in all methods of operative vaginal birth (both non-rotational and rotational) to facilitate the achievement of the OSAT competencies on the RCOG Training matrix. Techniques for performing a caesarean section at full dilatation are also covered. The course consists of short lectures, hands-on workshops and small group discussions on teamwork and communication.'

Course Leads: Mrs Sajitha Parveen & Mrs Manju Nair

Date: Wednesday 1st May 2024

Time: 09:00 – 17:00

Location: Rooms 6 + 7
The Grange University Hospital
Caerleon Road,
Llanfrechfa,
Cwmbran
NP44 8YN

Course Fees: £175

Course manual and lunch will be provided.

Please confirm your place by emailing Mrs Jenna Godfrey at:
Jenna.l.godfrey@wales.nhs.uk

Please ensure that you have booked your place on this course by Friday 26th April 2024 to allow us time to manage the order of manuals and lunches.

Registration Form

Please complete all sections with *

*Name: _____

*Designation: _____

*Hospital: _____

*Email: _____

*Telephone: _____

If you are paying by cheque please send your cheque by post, along with this registration form, to:

Jenna Godfrey
Secretary to Mrs Parveen
Room A15, B Block
Floor 2
Royal Gwent Hospital
Cardiff Road
Newport
NP20 2UB

Cheque Payable to:
Charitable Fund
F163

Bank: National Westminster
Sort Code: 60 70 80
Account No: 10028382

BIC/SWIFT: NWBKGB2L
IBAN: GB39 NWBK 6070 8010 0283 82

ROBuST Course Programme

TIME	TITLE	FORMAT
09:00	REGISTRATION & REFRESHMENTS	
09:30	Introduction to the day	<i>Mrs S Parveen & Mrs M Nair</i>
09:40	Indications for operative vaginal Birth (OVB) and medico-legal aspects	
09:50	Non-Technical skills- Team work and communication	
10:00	Practical stations	
	<u>Delegates to attend 5 workshops (4 candidates each) on a rotational basis (25 min per workshop)</u>	
	(10:05 – 10:30, 10:30 – 10:55, 11:15 – 11:40, 11:40 – 12:10, 12:10 – 12:35)	
	<ul style="list-style-type: none"> • Non-rotational vacuum • Rotational Vacuum • Non-rotational forceps OA • Non rotational OP • Pudendal block, Local anaesthetic (dose, toxicity), How to set up a trolley 	
11:00 - 11:15	REFRESHMENTS	
11:15 - 12:35	Workshops continue	
12:35 - 13:00	Medicolegal case	

TIME	TITLE	FORMAT
13:00 - 13:45	LUNCH	
13:45	Presentation on caesarean section at full dilatation	
14:00	Practical Stations	
	<u>Delegates to attend all three workshops on a rotational basis (30 mins per workshop)</u>	
	(14:00 – 14:30, 14:30 – 15:00, 15:00 – 15:30, 15:45 – 16:15, 16:15 -16.45)	
	<ul style="list-style-type: none"> • Kielland's OP • Kielland's OT • Caesarean section at full dilatation • Manual rotation • Communication 	
15.30 - 15.45	REFRESHMENTS	
15:45 - 16:45	Practical sessions	
16:45	Feedback	
17:00	FINISH	

"This meeting has been sponsored by Gedeon Richter, who have paid exhibition stand fees. Gedeon Richter has had no involvement in, or influence over, the content of this meeting."