

WELSH O&G SOCIETY MEETING

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KGH

12/10/18

My journey

- Interest in urogynaecology
- KGH - October 2004
- Inherited a huge workload
- What did I do?



A



B



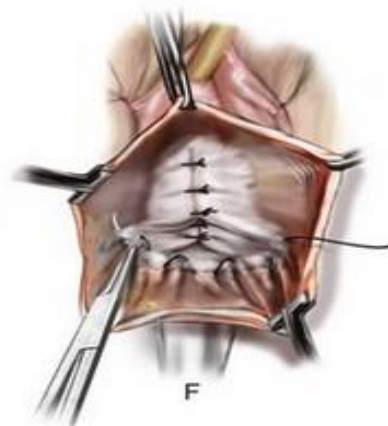
C



D



E



F



G



H

J. Chalmers

What did I see?

- Able to FU my own patients
- High recurrence rate within 3 to 6 months
- **What did I do about it?**
- Learnt SSFs – caused cystoceles!
- **Fell into the trap of meshes**
- Looking for alternatives
- Surgisis – Cook Medical – 2007
- Worse than standard repairs!!!
- Now proven by RCTs.....

Recent trials

- PROSPECT – Lancet, Dec 2016
- Variation in Surgical Techniques – IUJ 2015, 2017
- At best 14% reduction of bulge at 1 year
- 80% symptomatic of prolapse at 6 months, 1 year and 2 years!
- We kind of knew of this.....OVER A CENTURY AGO!!!

Even before Howard Kelly - 1913

- Writing in the Journal of the American Medical Association in June 1909, George R. White said *"Ahlfelt states that the only problem in plastic gynaecology left unsolved by the gynaecologist of the past century is that of a permanent cure of cystocele."*
- He went on to propose that *"the reason for failure seems to be that the normal support of the bladder has not been sought for and restored but instead an irrational removal of part of the anterior vaginal wall has been resorted to, which could result only in disappointment and failure."*

What did I do about it?

- Contacted Cook, expressed disappointment
 - Sent for training
 - Terneuzen, Netherlands – June 2009
 - Whole day theatre with AJN
- Saw ‘Anatomy in action’
- Changed my approach to prolapse
- Implemented the technique
 - Yearly workshops – received updates
 - Eventually became part of the faculty
 - Conducted monthly demonstration theatres at KGH and other Hospitals

What I hope you will see

- That there is another way
- Based on scientific principles
- With very little morbidity and good outcomes
- Most of all – is the passion and the hard work that has gone into the development of this technique