

Concentric digital remote consent solving Covid-19 challenges.

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<https://concentric.health/>

Context

- NHS patients isolating for 14 days prior to elective surgery at Spire Cardiff.
- Montgomery, GMC update, Patterson inquiry -> personalised information, prior to day of surgery.
- Concentric - digital remote consent application developed in Cardiff.
- Information Governance approval at C&V UHB during COVID-19 wave 1.
- Also used for my private practice.

Results

- 22 Jun 2020 - 28th Jan 2021
- 64 patients gave consent using Concentric
- **100% performed remotely –**
- **100% gave consent prior to day of surgery –**
- Most common procedure Concentric used for: -
- Laparoscopic excision of pelvic endometriosis (n=39)
- Hysteroscopy +/- transcervical resection of endometrial pathology (n=9)
- Total laparoscopic hysterectomy (n=3) - Patient feedback - all positive

Discussion Introducing Concentric into my practice allowed me to safely share personalised, evidence-based information with all my patients, gaining consent alongside a virtual consultation without needing to break isolation or revert to day of surgery consent.

It is intuitive and comprehensive software that has been very well received by NHS and private patients.

