

Improving Access To Postnatal Contraception During Covid Pandemic In Wrexham Maelor Hospital

Dr Noreen Haque (ST6)

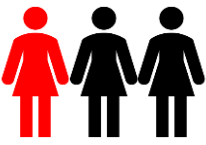
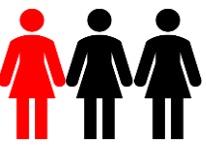

Dr Anu Ajakaiye (ST3)

Dr Maria Kaloudi (ST5)

Dr Ruth Roberts (Consultant O&G)



Why...

- ▶  Pregnancies in the UK end in termination
- ▶  Pregnancies that continue were unplanned or unintended
- ▶  :13 women who fall pregnant have conceived with a year of a previous birth

Risks associated with <12 month interpregnancy interval

Preterm Birth

PPROM

Low Birthweight

Still Birth

Neonatal death

Contraception

NICE National Institute for Health and Care Excellence

leading
SAFE
choices

 Royal College of
Obstetricians &
Gynaecologists

Best practice in
postpartum family planning

 **FSRH** The Faculty of Sexual &
Reproductive Healthcare

FSRH Guideline
Contraception After Pregnancy

 **FSRH** The Faculty of Sexual &
Reproductive Healthcare

 **THE ROYAL
COLLEGE OF
MIDWIVES**

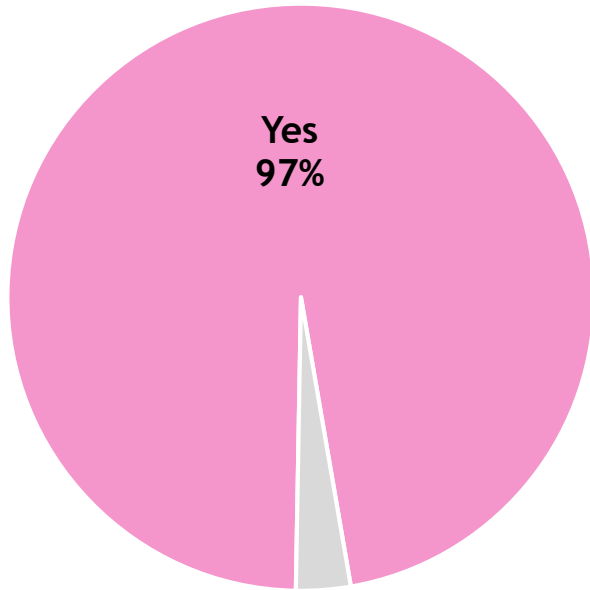
 Royal College of
Obstetricians &
Gynaecologists

**Guidance on the provision of
contraception by maternity
services after childbirth during the
COVID-19 pandemic**

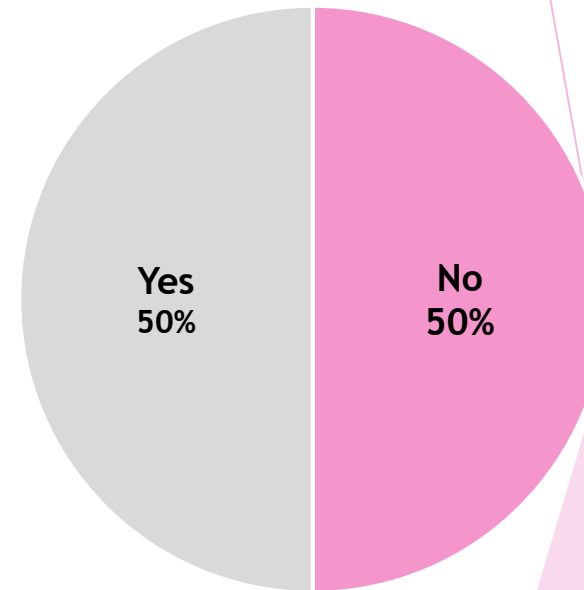


Initial Findings

Staff that feel they would benefit from regular teaching



Women who recall discussing contraception antenatally/postnatally



67% NOT aware of antenatal documentation

88% antenatal notes show NO documentation of contraception discussion

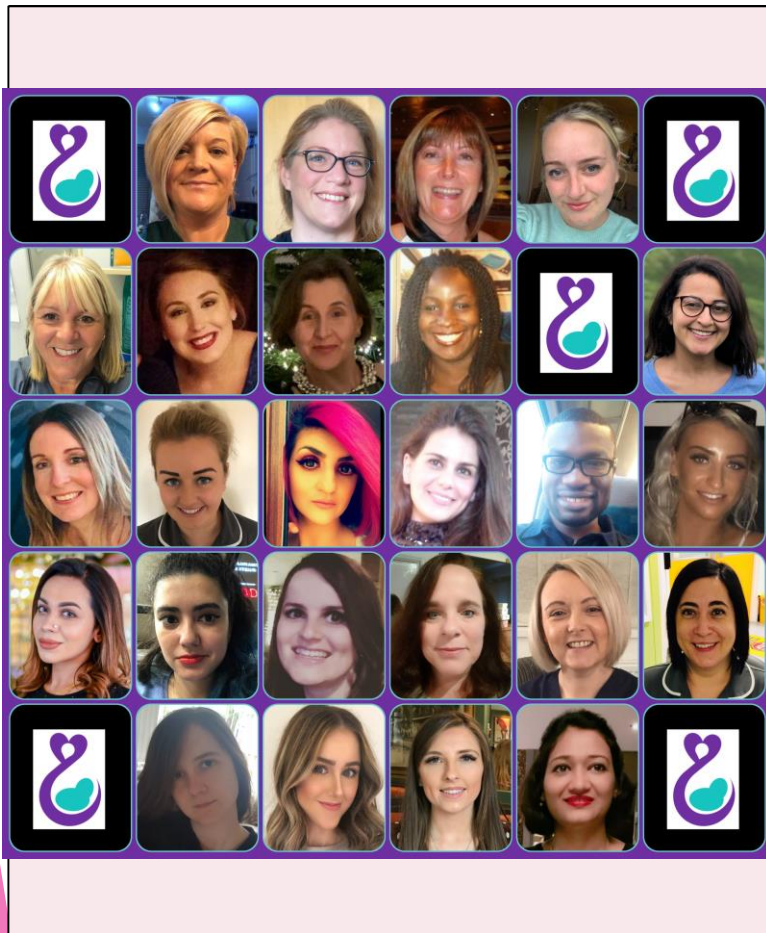
1 women was discharged home with contraception



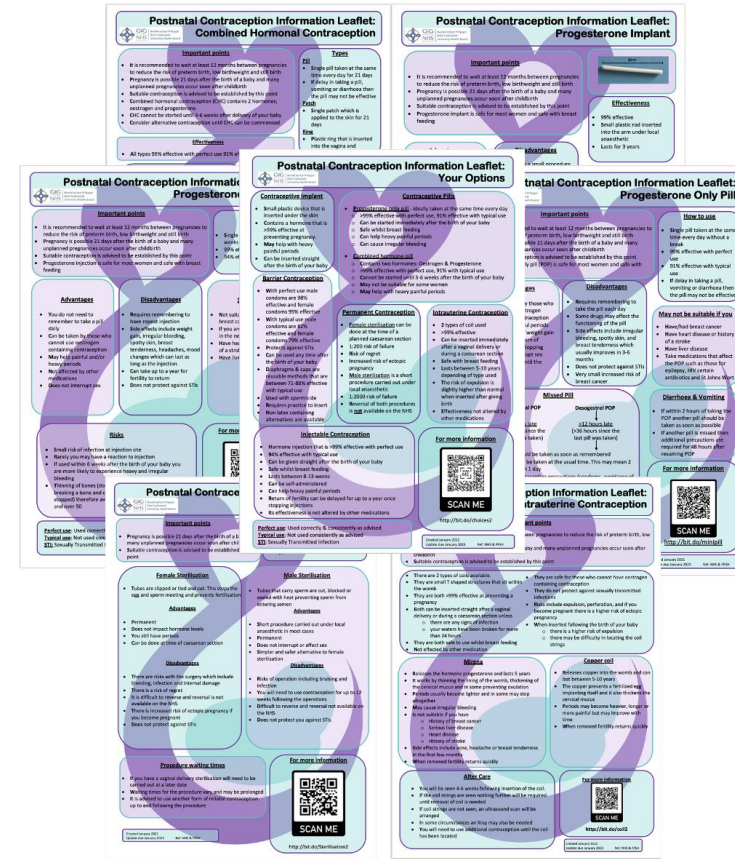
Our Project

1. Staff Education

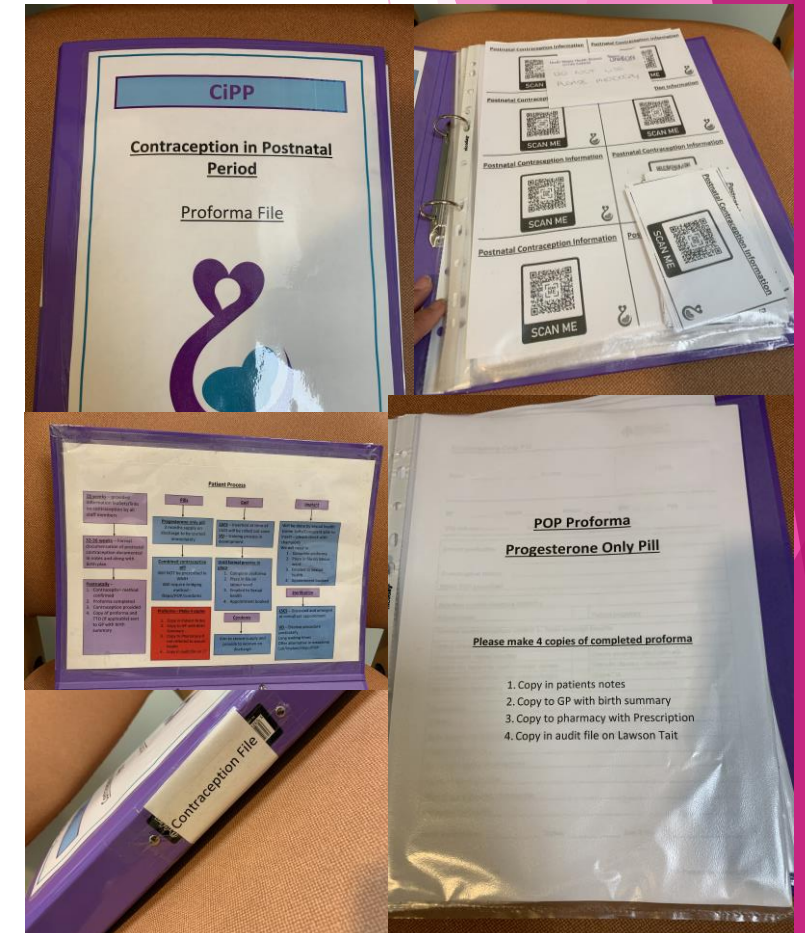
► Contraception Champions



2. Patient Information



3. Provide Contraception

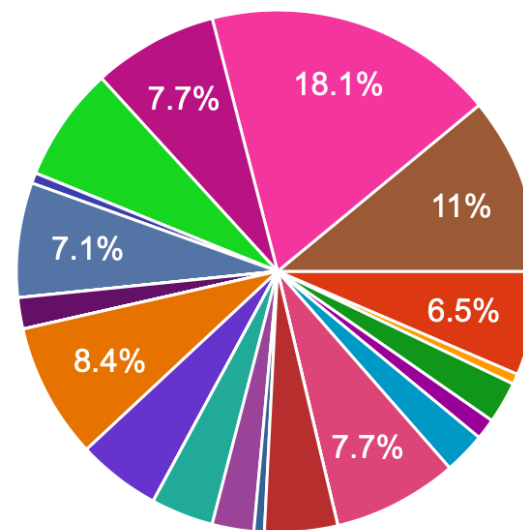


Saving £1000
Per Year

Results...

Presenter
155 responses

- ▶ **14 weeks** (1st December 2020 - 8th March 2021)
 - ▶ **85%** (150/177) attended training session
- ▶ Presentation
 - ▶ **Version 5**
- ▶ Potential saving of **£7440**



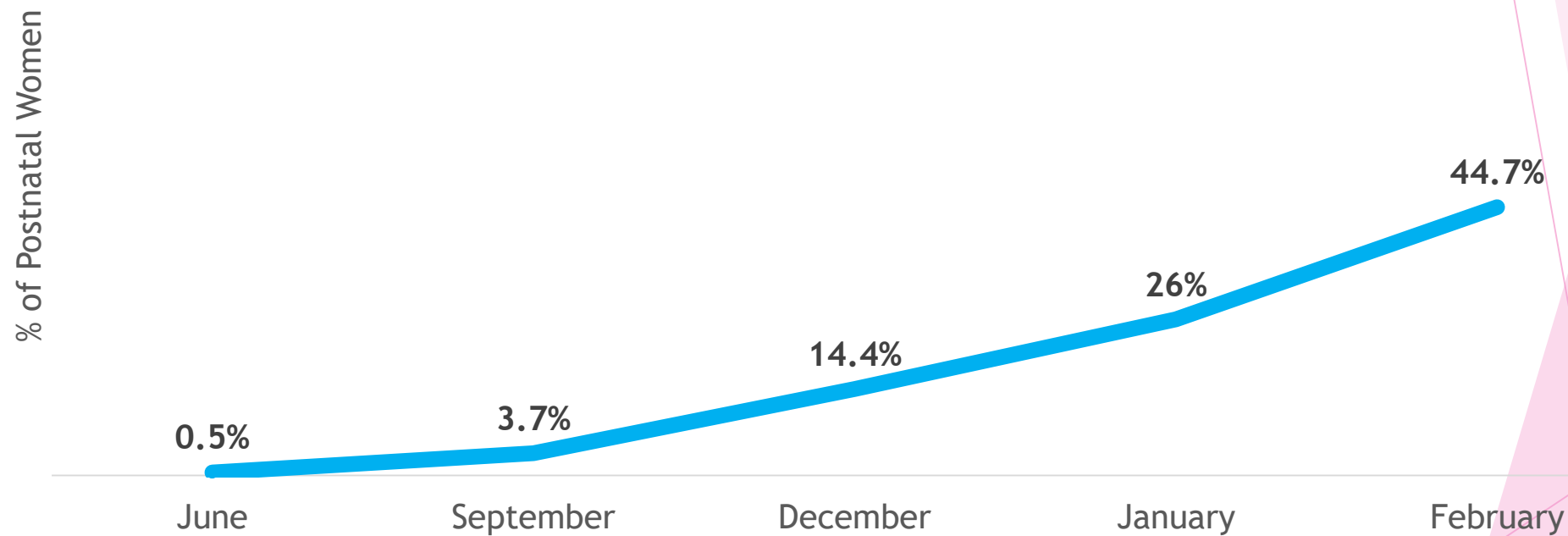
100% of staff felt they understood contraception better

98.7% of staff feel more confident about counselling women about contraception



Results...

► Contraception uptake



Thank You

Amazing Team
Dr Anu Ajakaiye
Dr Maria Kaloudi
Dr Ruth Roberts

All our brilliant
CHAMPIONS

Comisiwn
Bevan
Commission

Pharmacy
Team

Senior
Management
Team

Sexual Health
Team



Questions?

