

EPAU VTE Risk assessment

VTE risk assessment should be performed for all women presenting to EPAU or admitted to C1 gynaecology ward for management of problems in early pregnancy.

Risk factor	Score
Previous VTE	4
Known thrombophilia (eg heterozygous factor V Leiden)	4
Severe medical illness e.g. active lupus, Type 1 Diabetes with kidney damage(nephropathy), cancer, sickle cell disease (not trait), active inflammatory bowel disease	3
OHSS	3
Hyperemesis (requiring admission with dehydration and electrolyte disturbances)	3
Sepsis	2
Surgery in pregnancy (laparoscopy, complicated SMM)	2
Obesity BMI>40	2
Haemorrhage >1000ml	2
Smoker	1
Age >35	1
ART (IVF/ICSI)	1

Score ≥4	Viabile	Start antenatal thromboprophylaxis with LMWH Patient will need consultant led antenatal care <i>Start VTE prophylaxis even if patient considering TOP</i>
	Non-viable	Offer thromboprophylaxis with LMWH for 1 week after miscarriage, medical or surgical treatment
Score 3	Viabile	Offer DVT and PE: Reducing your risk leaflet Needs thromboprophylaxis if admitted or additional risk factors
	Non-viable	Offer thromboprophylaxis (TEDs) for 7 days after miscarriage, medical or surgical treatment
Score 2 or less		<i>VTE awareness leaflet</i> Offer thromboprophylaxis (TEDs) if admitted

LMWH = low molecular weight heparin; SMM = surgical management of miscarriage